

Dale Christian College Canteen

MONDAY MENU

ORDERING YOUR LUNCH:

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

ORDERING ONLINE:

Download the Flexischool app for iPhone or Andriod or go to www.flexischools.com.au

CANCELLATIONS

Please let the canteen know if you have placed an online order & need to cancel it.

Contact number: 9497 1444

Email: canteen@dalecc.wa.edu.au

FRESH SALADS

Plain Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$1

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

WRAP

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	\$6
Chicken tenders wrap	\$6
Plain Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6
Teriyaki Chicken wrap	\$6
Aioli Chicken Wrap	\$6
Peri Peri Chicken Wrap	\$6
Spicy Sriracha Chicken Wrap	\$6

Extra: Avocado, Egg, Tuna \$1 each

*All wraps include lettuce, tomato, cucumber, carrots, and cheese.

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Chicken Cheese Mayo	\$1.50
Party Pie	\$1.50
Cheesy Corn Cup	\$1

SNACKS

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50
Popcorn (GF)	\$1
Rice Cracker	50c

FROZEN ITEMS

Frozen Watermelon	50c
Frozen Pineapple Treat	50c
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3
Vanilla, Chocolate, Mint, Caramel & Lemon Sorbet	

HOT DRINKS (PREORDER ONLY)

Hot Milo	\$2
Hot Honey Lemon Drink	\$2
Malaysian Teh Tarik (For High School ONLY)	\$2

*Please note: For Primary School students, hot drinks are available for RECESS ONLY.

DRINKS

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$4

*Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

UTENSILS

SPOON	20cent
FORK	20cent

MONDAY LUNCH SPECIALS

 Sausage Roll (120g)	\$4	 Barbecue Sauce	50c
Beef Traveler Pie (160g)	\$5	Tomato Sauce	50c
Gluten Free Sausage Roll	\$4.50		

SANDWICHES

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$1.50
Vegemite sandwich	\$1.50
Butter Sandwich	\$1.50

Add Avocado, cheese for an extra \$1 each.

*Gluten Free bread & lactose free cheese available for an extra \$1 each.

PIZZA

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4

*Up-size to a Pizza Sub \$6

TOASTED SANDWICHES

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5

Add Avocado for an extra \$1.

Gluten Free bread & lactose free cheese are available for an extra \$1 each.

HOT MEALS (\$5 EACH)

Spaghetti bolognese
Chicken fried rice
Butter Chicken with rice
Thai Basil Chicken with rice
Beef Lasagne
Mac&Cheese
Sweet& Sour Chicken with rice

*Add a spoon or fork for an extra 20cent.

VEGETARIAN OPTIONS

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (3pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

QUICHE

Quiche spinach & feta	\$4
Quiche lorraine	\$5

Add salad for an extra \$1.

Dale Christian College Canteen

TUESDAY MENU

ORDERING YOUR LUNCH

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

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FRESH SALADS

Plain Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$1

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

WRAP

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	\$6
Chicken tenders wrap	\$6
Plain Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6
Teriyaki Chicken wrap	\$6
Aioli Chicken Wrap	\$6
Peri Peri Chicken Wrap	\$6
Spicy Sriracha Chicken Wrap	\$6

Extra: Avocado, Egg, Tuna \$1 each

*All wraps include lettuce, tomato, cucumber, carrots, and cheese.

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Finger Tray (4 chicken fingers, carrot sticks with hummus dip)	\$3
Cheesy Corn Cup	\$1

HOT DRINKS (PREORDER ONLY)

Hot Milo
Hot Honey Lemon Drink

Malaysian Teh Tarik
(For High School ONLY)

*Please note: For Primary School students, hot drinks are available for RECESS ONLY.

SNACKS

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50
Popcorn (GF)	\$1
Rice Cracker	50c

FROZEN ITEMS

Frozen Watermelon	50c
Frozen Pineapple Treat	50c
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3
Vanilla, Chocolate, Mint, Caramel & Lemon Sorbet	

DRINKS

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$4

*Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

UTENSILS

SPOON	20cent
FORK	20cent

TUESDAY LUNCH SPECIALS

Combo comes with an apple or a seasonal fruit.

Hawaiian Pizza Combo

Ham&Cheese Pizza Combo

Ham Sandwich Combo

Ham & Salad Wrap



Ham&Cheese+Tomato Toastie

Ham&Cheese Toastie Combo

Salad Box with Ham



SANDWICHES

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Butter Sandwich	\$1.50

Add Avocado, cheese for an extra \$1 each.

*Gluten Free bread & lactose free cheese available for an extra \$1 each.

PIZZA

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4

*Up-size to a Pizza Sub \$6

TOASTED SANDWICHES

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5

Add Avocado for an extra \$1.

Gluten Free bread & lactose free cheese are available for an extra \$1 each.

HOT MEALS (\$5 EACH)

Spaghetti bolognese
Chicken fried rice
Butter Chicken with rice
Thai Basil Chicken with rice
Beef Lasagne
Mac&Cheese
Sweet& Sour Chicken with rice

*Add a spoon or fork for an extra 20cent.

VEGETARIAN OPTIONS

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (3pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

QUICHE

Quiche spinach & feta	\$4
Quiche lorraine	\$5

Add salad for an extra \$1.

Dale Christian College Canteen

WEDNESDAY MENU

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FRESH SALADS

Plain Salad
Sweet chili chicken tenders
Chicken tenders
Diced chicken
Extra: Avocado, Egg, Tuna

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

WRAP

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	\$6
Chicken tenders wrap	\$6
Plain Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6
Teriyaki Chicken wrap	\$6
Aioli Chicken Wrap	\$6
Peri Peri Chicken Wrap	\$6
Spicy Sriracha Chicken Wrap	\$6

Extra: Avocado, Egg, Tuna \$1 each

*All wraps include lettuce, tomato, cucumber, carrots, and cheese.

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Chicken Cheese Mayo	\$1.50
Mini Spring Rolls	\$1
Cheesy Corn Cup	\$1

HOT DRINKS (PREORDER ONLY)

Hot Milo	\$2
Hot Honey Lemon Drink	\$2
Malaysian Teh Tarik (For High School ONLY)	\$2

*Please note: For Primary School students, hot drinks are available for RECESS ONLY.

SNACKS

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50
Popcorn (GF)	\$1
Rice Cracker	50c

FROZEN ITEMS

Frozen Watermelon	50c
Frozen Pineapple Treat	50c
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3

Vanilla, Chocolate, Mint, Caramel & Lemon Sorbet

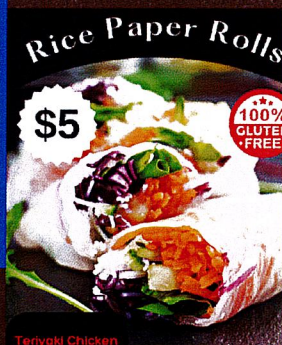
DRINKS

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$4

*Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

UTENSILS

SPOON	20cent
FORK	20cent



WEDNESDAY LUNCH SPECIALS

(6) PIECES SUSHI \$6

(4) PIECES SUSHI \$5

→ Teriyaki Chicken
→ Katsu Chicken
→ Tuna Chicken



ONIGIRI \$4

→ Teriyaki Beef
→ Teriyaki Chicken
→ Katsu Chicken
→ Tuna Chicken



SANDWICHES

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Butter Sandwich	\$1.50

Add Avocado, cheese for an extra \$1 each.

*Gluten Free bread & lactose free cheese available for an extra \$1 each.

PIZZA

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4

*Up-size to a Pizza Sub \$6

QUICHE

Quiche spinach & feta	\$4
Quiche lorraine	\$5

Add salad for an extra \$1.

HOT MEALS (\$5 EACH)

Spaghetti bolognese
Chicken fried rice
Butter Chicken with rice
Thai Basil Chicken with rice
Beef Lasagne
Mac&Cheese
Sweet& Sour Chicken with rice

*Add a spoon or fork for an extra 20cent.

TOASTED SANDWICHES

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5

Add Avocado for an extra \$1.
Gluten Free bread & lactose free cheese are available for an extra \$1 each.

VEGETARIAN OPTIONS

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (3pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

Dale Christian College Canteen

THURSDAY MENU

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FRESH SALADS

Plain Salad
Sweet chili chicken tenders
Chicken tenders
Diced chicken

Extra: Avocado, Egg, Tuna

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

WRAP

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	\$6
Chicken tenders wrap	\$6
Plain Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6
Teriyaki Chicken wrap	\$6
Aioli Chicken Wrap	\$6
Peri Peri Chicken Wrap	\$6
Spicy Sriracha Chicken Wrap	\$6

Extra: Avocado, Egg, Tuna \$1 each

*All wraps include lettuce, tomato, cucumber, carrots, and cheese.

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Finger Tray (4 chicken fingers, carrot sticks with hummus dip)	\$3
Cheesy Corn Cup	\$1

HOT DRINKS (PREORDER ONLY)

Hot Milo	\$2
Hot Honey Lemon Drink	\$2
Malaysian Teh Tarik (For High School ONLY)	\$2

*Please note: For Primary School students, hot drinks are available for RECESS ONLY.

SNACKS

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50
Popcorn (GF)	\$1
Rice Cracker	50c

FROZEN ITEMS

Frozen Watermelon	50c
Frozen Pineapple Treat	50c
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3

Vanilla, Chocolate, Mint, Caramel & Lemon Sorbet

DRINKS

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$4

*Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

UTENSILS

SPOON	20cent
FORK	20cent



THURSDAY LUNCH SPECIALS

JAPANESE CHICKEN BENTO

JAPANESE STYLE OVEN BAKED KARAAGE CHICKEN SERVED WITH RICE, A SMALL SALAD WITH JAPANESE MAYO, AND 2 MINI SPRING ROLLS. ADD A MISO SOUP FOR AN EXTRA \$1.

Hawaiian Pizza Combo	\$5
Ham&Cheese Pizza Combo	\$5
Ham&Cheese Toastie Combo	\$5
Ham&Cheese+Tomato Toastie	\$5
Ham Sandwich Combo	\$5
Ham&Salad Wrap	\$6
Salad Box with Ham	\$6

SANDWICHES

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegetarian sandwich	\$1.50
Butter Sandwich	\$1.50

Add Avocado, cheese for an extra \$1 each.

*Gluten Free bread & lactose free cheese available for an extra \$1 each.

PIZZA

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4
*Up-size to a Pizza Sub	\$6

QUICHE

Quiche spinach & feta	\$4
Quiche lorraine	\$5

Add salad for an extra \$1.

HOT MEALS (\$5 EACH)

Spaghetti bolognese
Chicken fried rice
Butter Chicken with rice
Thai Basil Chicken with rice
Beef Lasagne
Mac&Cheese
Sweet& Sour Chicken with rice

*Add a spoon or fork for an extra 20cent.

TOASTED SANDWICHES

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5

Add Avocado for an extra \$1.

Gluten Free bread & lactose free cheese are available for an extra \$1 each.

VEGETARIAN OPTIONS

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (3pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

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FRIDAY MENU

ORDERING YOUR LUNCH:

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CANCELLATIONS

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NOTICE: SALADS AND WRAPS ARE NOT AVAILABLE ON FRIDAYS.

VEGETARIAN OPTIONS

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (3pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

PIZZA

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4
*Up-size to a Pizza Sub	\$6

RECESS ONLY

***Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."**

Cheesie	\$1
Chicken Cheese Mayo	\$1.50
Hash-browns	\$1.50
Garlic Bread	\$1

HOT DRINKS (PREORDER ONLY)

Hot Milo	\$2
Hot Honey Lemon Drink	\$2
Malaysian Teh Tarik (For High School ONLY)	\$2

***Please note: For Primary School students, hot drinks are available for RECESS ONLY.**

SNACKS

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50
Popcorn (GF)	\$1
Rice Cracker	50c

FROZEN ITEMS

Frozen Watermelon	50c
Frozen Pineapple Treat	50c
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3
Vanilla, Chocolate, Mint, Caramel & Lemon Sorbet	

DRINKS

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$4

***Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.**

UTENSILS

SPOON	20cent
FORK	20cent

FRIDAY LUNCH SPECIAL

Chicken& Chips (Wings & Fries)

\$7



A mouthwatering feast of oven roasted chicken wings, golden fries, with a sidekick of crunchy carrot sticks for a balanced chow down. Add tomato or BBQ sauce for 50 cent extra.

***Allergen Alert: Contains gluten and soy.**

Photo is for reference only. Actual product may vary.

HOT MEALS (\$5 EACH)

Spaghetti bolognese
Chicken fried rice
Butter Chicken with rice
Thai Basil Chicken with rice
Beef Lasagne
Mac&Cheese
Sweet& Sour Chicken with rice

***Add a spoon or fork for an extra 20cent.**

SANDWICHES

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Butter Sandwich	\$1.50

Add Avocado, cheese for an extra \$1 each.

***Gluten Free bread & lactose free cheese available for an extra \$1 each.**

TOASTED SANDWICHES

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5

Add Avocado for an extra \$1. Gluten Free bread & lactose free cheese are available for an extra \$1 each.

QUICHE

Quiche spinach & feta	\$4
Quiche lorraine	\$5