# MONDAY MENU

#### ORDERING YOUR LUNCH:

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

#### ORDERING ONLINE:

Download the Flexischool app for iPhone or Andriod or go to www.flexischools.com.au

#### CANCELLATIONS

Please let the canteen know if you have placed an online order & need to cancel it. Contact number: 9497 1444 Email: canteen@dalecc.wa.edu.au

#### FRESH SALADS

Plain Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$1

\*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

#### WRAP

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	56665666666666666666666666666666666666
Chicken tenders wrap	£6
Plain Salad wrap	25
Salad and egg wrap	Ž6
Salad and tuna wrap	56
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Teriyaki Chicken wrap	30
Aioli Chicken Wrap	30
Peri Peri Chicken Wrap	36
Spicy Sriracha Chicken Wrap	96

\*All wraps include lettuce, tomato, cucumber, carrots, and cheese.

\$1 each

Extra: Avocado, Egg, Tuna

## **RECESS ONLY**

*Please note: "NO RECESS FO AND PRE-PRIMARY STUDENTS	R KIND
Cheesie	\$1
Chicken Cheese Mayo	\$1.50
Party Pie	\$1.50
Cheesy Corn Cup	\$1

SNACKS	
Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50
Popcorn (GF)	\$1
Rice Cracker	50c

#### **FROZEN ITEMS**

Frozen Watermelon	50C
<b>Frozen Pineapple Treat</b>	50C
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3
Vanilla, Chocolate, Mint, Caramel & Le	

HOT DRINKS (PREORDER ONL		
Hot Milo	\$2	
Hot Honey Lemon Drink	\$2	
Malaysian Teh Tarik	\$2	

(For High School ONLY)

#### **DRINKS**

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$4

'Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

#### **UTENSILS**

SPOON	20cent
FORK	20cent



## **MONDAY LUNCH SPECIALS**

Sausage Roll (120g) Beef Traveler Pie (160g) \$5 **Gluten Free Sausage Roll** 

50c **Barbecue Sauce Tomato Sauce** 50c



#### SANDWICHES

	A-7
Cheese	\$3 \$3
Salad sandwich	\$3 \$3
Chicken sandwich	<b>Ş</b> 3
Tuna sandwich	<u> Ş3</u>
Egg sandwich	\$3 \$3
Curried egg sandwich	
Vegemite sandwich	\$1.50 \$1.50
<b>Butter Sandwich</b>	\$1.50

Add Avocado, cheese for an extra \$1 each.

\*Gluten Free bread & lactose free cheese available for an extra \$1 each.

PIZZA		
Cheese	\$4	
BBQ Chicken	\$4 \$4 \$4	
Meatlovers	\$4	
tille sies to a River Cub	èc.	
*Up-size to a Pizza Sub	\$6	

Cheese	\$4 \$4.50
Cheese & tomato Chicken & cheese	\$4.50 \$5
Tuna mayo cheese	\$5 \$5
Add Avocado for an ext	ra \$1.

Gluten Free bread & lactose free cheese are available for an extra \$1 each.

### HOT MEALS (\$5 EACH)

Spaghetti bolognese **Chicken fried rice Butter Chicken with rice** Thai Basil Chicken with rice **Beef Lasagne** Mac&Cheese **Sweet& Sour Chicken with rice** \*Add a spoon or fork for an extra 20cent.

#### VEGETARIAN OPTIONS

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (3pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

### QUICHE

Quiche spinach & feta	\$4
Quiche lorraine	\$5
Quiche iorraine	95

Add salad for an extra \$1.

# TUESDAY MENU

#### ORDERING YOUR LUNCH

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

#### **ORDERING ONLINE**

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#### CANCELLATIONS

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#### **FRESH SALADS**

Plain Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$1

\*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

#### WRAP

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	- - - - - - - - - - - - - - - - - - -
Chicken tenders wrap	\$6
Plain Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6
Teriyaki Chicken wrap	\$6
Aioli Chicken Wrap	\$6
Peri Peri Chicken Wrap	\$6
Spicy Sriracha Chicken Wrap	\$6

Extra: Avocado, Egg, Tuna

**RECESS ONLY** 

\*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

\$1 Cheesie

\$3 **Finger Tray** (4 chicken fingers, carrot sticks with hummus dip)

\$1 **Cheesy Corn Cup** 

HOT DRINKS (PREORDER ONLY) Hot Milo

Hot Honey Lemon Drink

Malaysian Teh Tarik (For High School ONLY)

Snaps (GF) \$2.50 Vege Crackers (GF) \$1.50 Popcorn (GF) \$1 **Rice Cracker** 50c

Muffin (pre order only)

**SNACKS** 

\$1

\$1

**Apple** 

FROZEN ITEMS	
Frozen Watermelon	50c
Frozen Pineapple Treat	50c
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3
Vanilla, Chocolate, Mint, Caramel & Ler	non Sorbet

#### **DRINKS**

school students.

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$4
*Please note: 500ml Nippy's fla	

#### **UTENSILS**

SPOON	20cent
FORK	20cent

## **TUESDAY LUNCH SPECIALS**

Combo comes with an apple or a seasonal fruit.

Hawaiian Pizza Combo

Ham&Cheese Pizza Combo

Ham Sandwich Combo

Ham & Salad Wrap



Ham&Cheese+Tomato Toastie

Ham&Cheese Toastie Combo

Salad Box with Ham



#### SANDWICHES

Cheese	\$3
Salad sandwich	\$3 \$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
<b>Butter Sandwich</b>	\$1.50

Add Avocado, cheese for an extra \$1 each.

\*Gluten Free bread & lactose free cheese available for an extra \$1 each.

#### PIZZA

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4
*Up-size to a Pizza Sub	\$6

#### TOASTED SANDWICHES

I CAUILD CANDI	
Cheese	\$4
Cheese & tomato	\$4.5
Chicken & cheese	\$5
Tuna mayo cheese	\$4 \$4.5 \$5 \$5

Add Avocado for an extra \$1.

Gluten Free bread & lactose free cheese are available for an extra \$1 each.

#### HOT MEALS (\$5 EACH)

Spaghetti bolognese Chicken fried rice **Butter Chicken with rice** Thai Basil Chicken with rice **Beef Lasagne** Mac&Cheese **Sweet& Sour Chicken with rice** \*Add a spoon or fork for an extra 20cent.

#### VEGETARIAN OPTIONS

Omelette with rice	\$5
Salad Sandwich	\$3.50
<b>Vegetarian Fried Rice</b>	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (3pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

#### QUICHE

Quiche spinach & feta	\$4
Quiche lorraine	\$5

Add salad for an extra \$1.

\*All wraps include lettuce, tomato, cucumber, carrots, and cheese

\$1 each

# WEDNESDAY MENU

#### **ORDERING YOUR LUNCH:**

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

#### **ORDERING ONLINE:**

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#### **CANCELLATIONS**

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### FRESH SALADS

Plain Salad Sweet chili chicken tenders **Chicken tenders** Diced chicken Extra: Avocado, Egg, Tuna

\*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

#### WRAP

\$6
\$6 \$6 \$5 \$5
\$6
\$5
\$6
56
\$6
\$6
\$6
\$6 \$6 \$6 \$6

Extra: Avocado, Egg, Tuna \$1 each

## **RECESS ONLY**

\*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS." Cheesie Chicken Cheese Mayo \$1.50 **Mini Spring Rolls** \$1 **Cheesy Corn Cup** \$1

R ONLY) \$2
\$2
\$2

SNACKS Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50
Popcorn (GF)	\$1
Rice Cracker	50c

#### FROZEN ITEMS

	THE RESIDENCE OF THE PARTY OF T
Frozen Watermelon	50c
Frozen Pineapple Treat	50c
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3

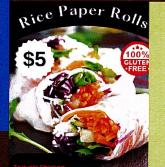
#### DRINKS

Water (600ml)	\$1.50	
Juicebox (250ml)	\$2	
Juice Bomb (250ml)	\$3	
Nippy's Flavoured Mi	lk (375ml) \$3	
Nippy's Flavoured Mi	lk (500ml) \$4	

\*Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

#### **UTENSILS**

SPOON	20cent
FORK	20cent



## WEDNESDAY LUNCH SPECIALS

(6) PIECES SUSHI \$6 \$5 (4) PIECES SUSHI

**→** Teriyaki Chicken

**⇒** Katsu Chicken

⇒ Tuna Chicken



ONIGIRI \$4

**→** Teriyaki Beef

**→** Teriyaki Chicken

**→** Katsu Chicken

→ Tuna Chicken



#### SANDWICHES

\$3 \$3 \$3 \$3 \$3 \$1.50 \$1.50 Cheese Salad sandwich Chicken sandwich Tuna sandwich Egg sandwich Curried egg sandwich Vegemite sandwich Butter Sandwich

Add Avocado, cheese for an extra \$1 each.

\*Gluten Free bread & lactose free cheese available for an extra \$1 each.

FILLA	
Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4 \$4 \$4
tun sizo to a Dizza Sub	ès

#### QUICHE

Quiche spinach & feta Quiche lorraine \$4 \$5 Add salad for an extra \$1.

### HOT MEALS (\$5 EACH)

Spaghetti bolognese Chicken fried rice **Butter Chicken with rice** Thai Basil Chicken with rice **Beef Lasagne** Mac&Cheese **Sweet& Sour Chicken with rice** \*Add a spoon or fork for an extra 20cent.

#### TOASTED SANDWICH

\$4 \$4.50 Cheese **Cheese & tomato** Chicken & cheese Tuna mayo cheese

**Add** Avocado for an extra \$1. Gluten Free bread & lactose free cheese are available for an extra \$1 each.

#### **VEGETARIAN OPTIONS**

Omelette with rice	\$5
Salad Sandwich	\$3.50
<b>Vegetarian Fried Rice</b>	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (3pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

\*All wraps include lettuce, tomato, cucumber, carrots, and cheese.

# THURSDAY MENU

#### **ORDERING YOUR LUNCH:**

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

#### **ORDERING ONLINE:**

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#### **CANCELLATIONS**

Please let the canteen know if you have placed an online order & need to cancel it.
Contact number: 9497 1444

Email: canteen@dalecc.wa.edu.au

#### **FRESH SALADS**

Plain Salad Sweet chili chicken tenders Chicken tenders Diced chicken Extra: Avocado, Egg, Tuna

Extra: Avocado, Egg, Tuna

\*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

#### MAID A

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	\$6
Chicken tenders wrap	\$6
Plain Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$5 \$6 \$6
Teriyaki Chicken wrap	\$6
Aioli Chicken Wrap	\$6
Peri Peri Chicken Wrap	\$6 \$6
Spicy Sriracha Chicken Wrap	\$6

\*All wraps include lettuce, tomato, cucumber, carrots, and cheese.

\$1 each

## **RECESS ONLY**

\*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie \$1

Finger Tray \$3 (4 chicken fingers, carrot sticks with hummus dip)

Cheesy Corn Cup \$1

HOT DRINKS (PREORDER Hot Milo	ONLY) \$2
Hot Honey Lemon Drink	\$2
Malaysian Teh Tarik (For High School ONLY)	\$2

Apple SNACKS	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50
Popcorn (GF)	\$1
Rice Cracker	50c

#### **FROZEN ITEMS**

Frozen Watermelon	50c
Frozen Pineapple Treat	50c
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3
Vanilla Chocolate Mint Caramel 8 Len	oon Sorbet

DRINKS	
Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$4
*Please note: 500ml Nippy's flavo	oured

#### **UTENSILS**

milk is NOT available for primary

school students.

SPOON	20cent
FORK	20cent

## THURSDAY LUNCH SPECIALS

#### **JAPANESE CHICKEN BENTO**

JAPANESE STYLE OVEN BAKED KARAAGE
CHICKEN SERVED WITH RICE, A SMALL SALAD
WITH JAPANESE MAYO, AND 2 MINI SPRING
ROLLS. ADD A MISO SOUP FOR AN EXTRA \$1.

<b>\$</b> 5
<b>\$</b> 5
<b>\$</b> 5
\$5
<b>\$</b> 5
<b>\$</b> 6
\$6

#### SANDWICHES

SANDVICHES	
Cheese	\$3
Salad sandwich	\$3 \$3 \$3 \$3 \$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Butter Sandwich	\$1.50

Add Avocado, cheese for an extra \$1 each.

\*Gluten Free bread & lactose free cheese available for an extra \$1 each.

#### PIZZA

Cheese	\$4 \$4 \$4
BBQ Chicken	\$4
Meatlovers	\$4
Up-size to a Pizza Sub	\$6

#### OUICHE

Quiche spinach & feta	\$4
Quiche lorraine	\$5
Add salad for an extra \$1.	

## HOT MEALS (\$5 EACH)

Spaghetti bolognese
Chicken fried rice
Butter Chicken with rice
Thai Basil Chicken with rice
Beef Lasagne
Mac&Cheese
Sweet& Sour Chicken with rice
\*Add a spoon or fork for an extra 20cent.

#### TOASTED SANDWICHES

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	<b>\$</b> 5

Add Avocado for an extra \$1. Gluten Free bread & lactose free cheese are available for an extra \$1 each.

#### **VEGETARIAN OPTIONS**

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (3pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

# FRIDAY MENU

#### **ORDERING YOUR LUNCH:**

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

#### **ORDERING ONLINE:**

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#### **CANCELLATIONS**

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NOTICE: SALADS AND WRAPS ARE NOT AVAILABLE ON FRIDAYS.

#### VEGETADIAN OPTIONS

VEGLIARIAN OF	ICIAS
Omelette with rice	\$5
Salad Sandwich	
\$3.50	
<b>Vegetarian Fried Rice</b>	\$5 \$4
Samosas (2pcs)	
Curry Puffs (3pcs)	\$4 \$4
Spring Rolls (3pcs)	
Salad wrap	\$5
<b>Crunchy Noodle Salad</b>	\$5
PIZZA	

**BBQ Chicken** 

\*Up-size to a Pizza Sub

## **RECESS ONLY**

\*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS." Cheesie \$1

Chicken Cheese Mayo \$1.50 \$1.50 Hash-browns

\$1 **Garlic Bread** 

HOT DRINKS	(PREORDER ONLY)
Hot Milo	\$2

**Hot Honey Lemon Drink** \$2

Malaysian Teh Tarik (For High School ONLY)

\$2

SNACKS Apple \$1 \$1 Muffin (pre order only) Snaps (GF) \$2.50 Vege Crackers (GF) \$1.50 \$1 Popcorn (GF) **Rice Cracker** 50c

FROZEN ITEM	5
Frozen Watermelon	50c
Frozen Pineapple Treat	50c
Frozen Juice Pop	\$1
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$3

#### **DRINKS** Water (600ml) \$1.50 \$2 Juicebox (250ml) \$3 Juice Bomb (250ml) Nippy's Flavoured Milk (375ml) Nippy's Flavoured Milk (500ml) \$4 Please note: 500ml Nippy's flavoured

## **UTENSILS**

milk is NOT available for primary

school students.

SPOON	20cent
FORK	20cent



## FRIDAY LUNCH SPECIAL

## **Chicken& Chips (Wings & Fries)**

\$7

A mouthwatering feast of oven roasted chicken wings, golden fries, with a sidekick of crunchy carrot sticks for a balanced chow down. Add tomato or BBO sauce for 50 cent extra.

\*Allergen Alert: Contains gluten and soy. Photo is for reference only. Actual product may vary.

## HOT MEALS (\$5 EACH)

Spaghetti bolognese Chicken fried rice **Butter Chicken with rice Thai Basil Chicken with rice Beef Lasagne** Mac&Cheese **Sweet& Sour Chicken with rice** \*Add a spoon or fork for an extra 20cent.

### **SANDWICHES**

Cheese Salad sandwich Chicken sandwich Tuna sandwich Egg sandwich Curried egg sandwich Vegemite sandwich Butter Sandwich \$1.50

Add Avocado, cheese for an extra \$1 each.

\*Gluten Free bread & lactose free cheese available for an extra \$1 each.

#### TOASTED SANDWICHES

Cheese Cheese & tomato \$4.50 Chicken & cheese Tuna mayo cheese

Add Avocado for an extra \$1. Gluten Free bread & lactose free cheese are available for an extra \$1 each.

#### **OUICHE**

\$4 \$5 Quiche spinach & feta Quiche lorraine