MONDAY MENU

ORDERING YOUR LUNCH:

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

ORDERING ONLINE:

Download the Flexischool app for iPhone or Andriod or go to www.flexischools.com.au

CANCELLATIONS

Please let the canteen know if you have placed an online order & need to cancel it. Contact number: 9497 1444 Email: canteen@dalecc.wa.edu.au

FRESH SALADS:

Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	Šĭ

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

TOASTED SANDWICHES:

Cneese	4 -4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5
Add Avocado for an extra \$1.	
Gluten Free bread & lactose free	cheese are
available for an extra \$1 each	

QUICHE:

Quiche spinach & feta	\$4
Quiche lorraine	\$5
Add salad for an extra \$1	

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie				\$1
Chicken	Chee	se Ma	avo !	

Frozen Pineapple Treat 50c

Frozen Watermelon 50c

Rice Cracker 50c

SNACKS:

\$1
\$1
\$2.50
\$1.50

EDOZENI ITEMO

rozen Heivis.	
Frozen Grape	\$1
Frozen Juice Pop	\$1
Mini Fruit Juice Iceblocks	10c
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$2

DRINKS:

Water (600ml)	\$1.50	
Juicebox (250ml)	\$2	
Juice Bomb (250ml)	\$3	
Nippy's Flavoured Milk (375ml)	\$3	
Nippy's Flavoured Milk (500ml)	\$3.50	

*Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

MONDAY LUNCH SPECIALS

Snack Pies (2×46g)	\$3
Beef Traveler Pie (160g)	\$5
Sausage Roll (120g)	\$4
Gluten Free Sausage Roll	\$4.50
Tomato Sauce	50c
Barbecue Sauce	50c



VEGETARIAN OPTIONS:

Omelette with rice	\$5
Salad Sandwich \$	3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (2pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

PIZZA: **SANDWICHES & ROLLS:**

Cheese BBQ Chicken Meatlovers	\$4 \$4 \$4	Cheese Salad sandwich Chicken sandwich	\$3 \$3 \$3 \$3
Pizza Sub (double size)	\$6	Tuna sandwich	\$3
HOT MEALS:		Egg sandwich Curried egg sandwich	\$3 \$3 \$1.5
Spaghetti bolognese Chicken Parmigiana (Parmi)	\$5 \$5	Vegemite sandwich Make it a roll	\$1.5 \$3.5
Chicken fried rice Butter Chicken with rice	\$5 \$5 \$5 \$5	Add Avocado, cheese for an extra	
Stir fried Udon noodle with chicken	\$5	Gluten Free bread & lactose fr	ee cheese

Gluten Free bread & lactose free cheese available for an extra \$1 each.

WRAP:

Salad & diced chicken wrap Sweet chili chicken wrap Chicken tenders wrap Salad wrap Salad and egg wrap Salad and tuna wrap Teriyaki Chicken wrap	\$\$\$\$\$\$\$\$\$
Extra: Avocado, Egg, Tuna	\$1 eac

*All wraps include lettuce, tomato, cucumber, carrots, cheese & choice of dressing (mayo or chipotle).

TUESDAY MENU

ORDERING YOUR LUNCH:

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

ORDERING ONLINE:

Download the Flexischool app for iPhone or Andriod or go to www.flexischools.com.au

CANCELLATIONS

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FRESH SALADS:

Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$6 \$1

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

COASTED SANDWICHES:

Cheese	~ ·
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5
Add Avocado for an extra \$1.	
Gluten Free bread & lactose free	cheese are
available for an extra \$1 each.	

QUICHE:

Quiche spinach & feta	\$4
Quiche lorraine	\$5
Add salad for an extra \$1	

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Finger Tray	\$3
(4 chicken fingers, carrot sticks with hummus dip)	

Frozen Pineapple Treat 50c **Frozen Watermelon** 50c

Rice Cracker 50c

SNACKS:

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50

EDOZEN ITEMO

Frozen Grape	\$
Frozen Juice Pop Mini Fruit Juice Icebloc	\$
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$2

DRINKS:

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$3.50

Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

TUESDAY LUNCH SPECIALS

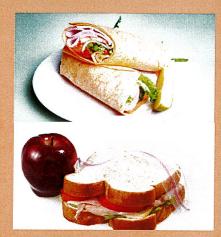
Combo comes with an apple or a seasonal fruit.

Ham&Cheese Pizza Combo	\$5
Hawaiian Pizza Combo	\$5
Ham&Cheese Toastie Combo	\$5
Ham&Cheese+Tomato Toastie	\$5

Ham Sandwich Combo

Ham & Salad Wrap

Ca	100	Day	VALIA	am
Ja	lau	DUX	VVIL	



VEGETARIAN OPTIONS:

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (2pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

\$1 each

PIZZA:

Cheese BBQ Chicken Meatlovers Pizza Sub (double size)	\$4 \$4 \$6	Cheese Salad san Chicken s Tuna sand
HOT FOOD:		Egg sand Curried eg
Spaghetti bolognese Chicken Parmigiana (Parmi)	\$5 \$5	Vegemite Make it a i
Chicken fried rice Butter Chicken with rice	\$5 \$5	Add Avoca
Stir fried Udon noodle with chicken	\$5	Gluten Fre

SANDWICHES & ROLLS:

\$5

\$6

\$6

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Make it a roll	\$3.50

Add Avocado, cheese for an extra \$1 each.

Gluten Free bread & lactose free cheese available for an extra \$1 each.

\$6 \$6 \$5
\$6 \$6
S6
\$5
\$6
\$6
\$6 \$6

Extra: Avocado, Egg, Tuna

*All wraps include lettuce, tomato, cucumber, carrots, cheese & choice of dressing (mayo or chipotle).

WEDNESDAY MENU

ORDERING YOUR LUNCH:

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

ORDERING ONLINE:

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CANCELLATIONS

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FRESH SALADS:

\$4 \$6 \$6
\$6 \$6 \$1
\$1

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

COASTED SANDWICHES:

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5
Add Avocado for an extra \$1.	70
Gluten Free bread & lactose free	e cheese are
available for an extra \$1 each.	

OUICHE:

Quiche spinach & feta	\$4
Quiche lorraine	\$5
Add salad for an eytra \$1	

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Chicken Cheese Mayo	1.50
Frozen Pineapple Treat	50c
Frozen Watermelon	50c
Rice Cracker	50c

SNACKS:

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50

FROZEN HEMS:	
Mini Fruit Juice Iceblocks	10c
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$2
Frozen Grape	\$1
Frozen Juice Pop	\$1

DRINKS:

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$3.50
*Please note: 500ml Nippy's	
flavoured milk is NOT available	for

primary school students.

Rice Paper Rolle

WEDNESDAY LUNCH SPECIALS

\$4 (6) PIECES SUSHI ONIGIRI

\$5 (4) PIECES SUSHI

→ Teriyaki Chicken

→ Katsu Chicken

→ Tuna Chicken



→ Teriyaki Beef

→ Teriyaki Chicken

→ Katsu Chicken

→ Tuna Chicken



PIZZA: **SANDWICHES & ROLLS:**

Cheese	\$4	Cheese	ĊZ
BBQ Chicken	\$4	Salad sandwich	\$3
Meatlovers	\$4	Chicken sandwich	\$3
Pizza Sub (double size)	\$6	Tuna sandwich	\$3
HOT FOOD:		Egg sandwich Curried egg sandwich	\$3 \$3 \$3 \$3 \$3 \$1.5
Spaghetti bolognese Chicken Parmigiana (Parmi)	\$5 ¢E	Vegemite sandwich Make it a roll	\$1.5 \$3.5
Chicken fried rice Butter Chicken with rice Stir fried Udon noodle with chicken	\$5 \$5	Add Avocado, cheese for an ex	tra \$1 each
	\$5 \$5	Gluten Free bread & lactose fre	e cheese

Gluten Free bread & lactose free cheese available for an extra \$1 each.

WRAP:

Salad & diced chicken wrap	\$6 \$6
Sweet chili chicken wrap	
Chicken tenders wrap	\$6
Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6 55 56 56 56
Teriyaki Chicken Wrap	\$6
Extra: Avocado, Egg, Tuna	\$1 each

*All wraps include lettuce, tomato, cucumber, carrots, cheese with your choice of dressing (mayo or chipotle).

THURSDAY MENU

ORDERING YOUR LUNCH:

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

ORDERING ONLINE:

Download the Flexischool app for iPhone or Andriod or go to www.flexischools.com.au

CANCELLATIONS

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FRESH SALADS:

Salad	\$4
Sweet chili chicken tenders	\$6 \$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$6 \$1

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

COASTED SANDWICHES:

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5
Add Avocado for an extra \$1.	
Gluten Free bread & lactose fre	e cheese are
available for an extra \$1 each.	

OUICHE:

Quiche spinach & feta	\$4
Quiche lorraine	\$4 \$5
Add salad for an extra \$1	

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Frozen Pineapple Treat	50c
Frozen Watermelon	50c
Rice Cracker	50c

(4 chicken fingers & carrot sticks with hummus dip)

Finger Tray

SNACKS:

Apple	\$1
Muffin (pre-order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50

FROZEN ITEMS:	
Mini Fruit Juice Iceblocks	10c
Moosies (85g)	\$1.50
Sour Snaptix (70ml)	\$1
Ice cream cup	\$2
Frozen Grape	\$1
Frozen Juice Pop (NEW!)	\$1

DRINKS:

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$3.50
*Please note: 500ml Nippy's	
flavoured milk is NOT available primary school students.	for

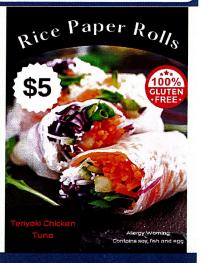
THURSDAY LUNCH SPECIALS

\$3

THE PART OF THE PA	
Ham&Cheese Pizza Combo	\$5
Hawaiian Pizza Combo	\$5
Ham&Cheese Toastie Combo	\$5
Ham&Cheese+Tomato Toastie	\$5
Ham Sandwich Combo	\$5
Ham & Salad Wrap	\$6
Salad Box with Ham	\$6
	Control of the Control

\$4





PIZZA: Cheese

Meatlovers Pizza Sub (double size)	\$4 \$6	C T
HOT FOOD:		E
Spaghetti bolognese	\$5	C V M
Chicken Parmigiana (Parmi) Chicken fried rice	\$5 \$5 \$5 \$5	
Butter Chicken with rice Stir fried Udon noodle	\$5	A
with chicken	75	G

SANDWICHES & ROLLS:

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3 \$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Make it a roll	\$3.50

dd Avocado, cheese for an extra \$1 each.

Cluten Free bread & lactose free cheese available for an extra \$1 each.

Salad & diced chicken wrap Sweet chili chicken wrap Chicken tenders wrap Salad wrap Salad and egg wrap Salad and tuna wrap Teriyaki Chicken Wrap	\$6 \$6 \$5 \$6 \$6 \$6 \$6
Extra: Avocado, Egg, Tuna	\$1 each
*All wraps include lettuce, tom cucumber, carrots, cheese & ch	

dressing (mayo or chipotle or hot sauce).

FRIDAY MENU

ORDERING YOUR LUNCH:

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

ORDERING ONLINE:

Download the Flexischool app for iPhone or Andriod or go to www.flexischools.com.au

CANCELLATIONS

Please let the canteen know if you have placed an online order & need to cancel it. Contact number: 9497 1444 Email: canteen@dalecc.wa.edu.au

NOTICE: SALADS AND WRAPS ARE NOT AVAILABLE ON FRIDAYS.

VEGETARIAN OPTIONS:

Quiche lorraine

Add salad for an extra \$1.

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (2pcs)	\$4
QUICHE:	
Quiche spinach & feta	\$4

\$5

RECESS

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Garlic Bread	\$1
Cheesie	\$1
Chicken Cheese Mayo	\$1.50
Hash Browns	\$1.50

Froze	n Pinea	pple Ti	reat	50c

\$1.50

FIUZ	en watermeion	50c
Rice	Cracker	50c

SNACKS:

Apple	\$1	
Muffin (pre order only)	\$1	
Snaps (GF)	\$2.50	
Vege Crackers (GF)	\$1.50	

EDOZEN ITEMO

I ROZEM II EIVIS.	
Mini Fruit Juice Iceblocks	100
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$2
Frozen Grape	\$1
Frozen Juice Pop	\$1

DRINKS:

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$3.50
*Please note: 500ml Nippy's	
flavoured milk is NOT available	for

primary school students.



*May contain traces of nuts, crustacean, wheat and soy products.

FRIDAY LUNCH SPECIAL

Chicken Roll (Vietnamese Banh Mi)

\$6

Indulge in a Vietnamese Banh Mi sandwich with fusion flavors: French baguette, diced chicken, carrots, cucumbers, mayonnaise, hoisin sauce, chili, cilantro. and fried shallots for a flavorful experience.

FIZZA.		SANDWICHES & ROLLS	TOASTED SANDWICHES:		
Cheese BBO Chicken	\$4	Cheese Salad sandwich	\$3	Cheese	\$4
Meatlovers Pizza Sub (double size)	\$4 \$4 \$6	Chicken sandwich	\$3 \$3 \$3 \$3 \$3 \$3	Cheese & tomato	\$4.50
	Şu	Tuna sandwich Egg sandwich	\$3 \$7	Chicken & cheese	\$5
HOT FOOD:		Curried egg sandwich	\$3 -	Tuna mayo cheese	\$5
Spaghetti bolognese Chicken Parmigiana (Parmi)	\$5 \$5		\$1.50 \$3.50	Add Avocado for an extra \$1.	
Chicken fried rice Butter Chicken with rice Stir fried Udon noodle with chicken	\$5 \$5	Add Avocado, cheese for an extra \$1 each.		Gluten Free bread & lactose free cheese are available for an extra \$1 each.	
	\$5	Gluten Free bread & lactose free che			