

Dale Christian College Canteen

MONDAY MENU

ORDERING YOUR LUNCH:

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

ORDERING ONLINE:

Download the Flexischool app for iPhone or Android or go to www.flexischools.com.au

CANCELLATIONS

Please let the canteen know if you have placed an online order & need to cancel it.

Contact number: 9497 1444

Email: canteen@dalecc.wa.edu.au

FRESH SALADS:

Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$1

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

TOASTED SANDWICHES:

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5
Add Avocado for an extra \$1.	
Gluten Free bread & lactose free cheese are available for an extra \$1 each.	

QUICHE:

Quiche spinach & feta	\$4
Quiche lorraine	\$5
Add salad for an extra \$1.	

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Chicken Cheese Mayo	\$1.50
Frozen Pineapple Treat	50c
Frozen Watermelon	50c
Rice Cracker	50c

SNACKS:

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50

FROZEN ITEMS:

Frozen Grape	\$1
Frozen Juice Pop	\$1
Mini Fruit Juice Iceblocks	10c
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$2

DRINKS:

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$3.50

*Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

MONDAY LUNCH SPECIALS

Snack Pies (2x46g)	\$3
Beef Traveler Pie (160g)	\$5
Sausage Roll (120g)	\$4
Gluten Free Sausage Roll	\$4.50
Tomato Sauce	50c
Barbecue Sauce	50c



VEGETARIAN OPTIONS:

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (2pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

PIZZA:

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4
Pizza Sub (double size)	\$6

HOT MEALS:

Spaghetti bolognese	\$5
Chicken Parmigiana (Parmi)	\$5
Chicken fried rice	\$5
Butter Chicken with rice	\$5
Stir fried Udon noodle with chicken	\$5

SANDWICHES & ROLLS:

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Make it a roll	\$3.50

Add Avocado, cheese for an extra \$1 each.

Gluten Free bread & lactose free cheese available for an extra \$1 each.

WRAP:

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	\$6
Chicken tenders wrap	\$6
Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6
Teriyaki Chicken wrap	\$6

Extra: Avocado, Egg, Tuna \$1 each

*All wraps include lettuce, tomato, cucumber, carrots, cheese & choice of dressing (mayo or chipotle).

NOTICE!! Due to the WA Government's new food regulation for school canteens, all products containing "ham" is now made available limitedly for Tuesdays and Thursdays only. And we can only serve it if it is with a fruit.

Dale Christian College Canteen

TUESDAY MENU

ORDERING YOUR LUNCH:

Canteen is open from 8:10am to 8:40am school days. ALL ORDERS MUST BE PLACED BY 9AM.

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FRESH SALADS:

Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$1

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

TOASTED SANDWICHES:

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5
Add Avocado for an extra \$1.	
Gluten Free bread & lactose free cheese are available for an extra \$1 each.	

QUICHE:

Quiche spinach & feta	\$4
Quiche lorraine	\$5
Add salad for an extra \$1.	

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Finger Tray <small>(4 chicken fingers, carrot sticks with hummus dip)</small>	\$3
Frozen Pineapple Treat	50c
Frozen Watermelon	50c
Rice Cracker	50c

SNACKS:

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50

FROZEN ITEMS:

Frozen Grape	\$1
Frozen Juice Pop	\$1
Mini Fruit Juice Iceblocks	10c
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$2

DRINKS:

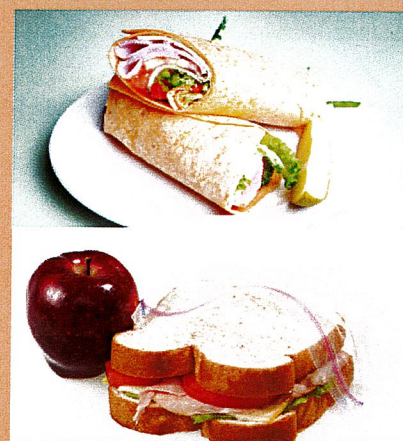
Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$3.50

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TUESDAY LUNCH SPECIALS

Combo comes with an apple or a seasonal fruit.

Ham&Cheese Pizza Combo	\$5
Hawaiian Pizza Combo	\$5
Ham&Cheese Toastie Combo	\$5
Ham&Cheese+Tomato Toastie	\$5
Ham Sandwich Combo	\$5
Ham & Salad Wrap	\$6
Salad Box with Ham	\$6



VEGETARIAN OPTIONS:

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (2pcs)	\$4
Salad wrap	\$5
Crunchy Noodle Salad	\$5

PIZZA:

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4
Pizza Sub (double size)	\$6

HOT FOOD:

Spaghetti bolognese	\$5
Chicken Parmigiana (Parmi)	\$5
Chicken fried rice	\$5
Butter Chicken with rice	\$5
Stir fried Udon noodle with chicken	\$5

SANDWICHES & ROLLS:

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegetemite sandwich	\$1.50
Make it a roll	\$3.50

Add Avocado, cheese for an extra \$1 each.

Gluten Free bread & lactose free cheese available for an extra \$1 each.

WRAP:

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	\$6
Chicken tenders wrap	\$6
Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6
Teriyaki Chicken Wrap	\$6

Extra: Avocado, Egg, Tuna \$1 each

*All wraps include lettuce, tomato, cucumber, carrots, cheese & choice of dressing (mayo or chipotle).

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WEDNESDAY MENU

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FRESH SALADS:

Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$1

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

TOASTED SANDWICHES:

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5
Add Avocado for an extra \$1.	
Gluten Free bread & lactose free cheese are available for an extra \$1 each.	

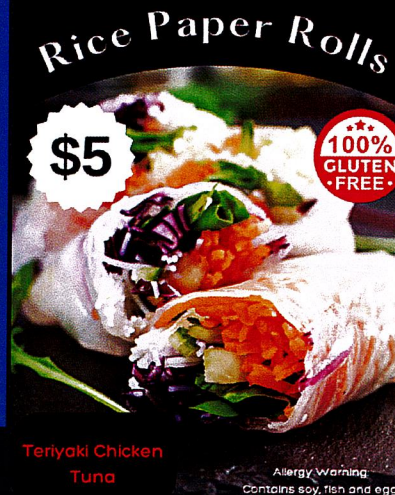
QUICHE:

Quiche spinach & feta	\$4
Quiche lorraine	\$5
Add salad for an extra \$1.	

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Chicken Cheese Mayo	\$1.50
Frozen Pineapple Treat	50c
Frozen Watermelon	50c
Rice Cracker	50c



Teriyaki Chicken
Tuna
Allergy Warning: Contains soy, fish and egg.

PIZZA:

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4
Pizza Sub (double size)	\$6

HOT FOOD:

Spaghetti bolognese	\$5
Chicken Parmigiana (Parmi)	\$5
Chicken fried rice	\$5
Butter Chicken with rice	\$5
Stir fried Udon noodle with chicken	\$5

SNACKS:

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50

FROZEN ITEMS:

Mini Fruit Juice Iceblocks	10c
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$2
Frozen Grape	\$1
Frozen Juice Pop	\$1

DRINKS:

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$3.50

*Please note: 500ml Nippy's flavoured milk is NOT available for primary school students.

WEDNESDAY LUNCH SPECIALS

(6) PIECES SUSHI	\$6	ONIGIRI	\$4
(4) PIECES SUSHI	\$5	→ Teriyaki Beef	
→ Teriyaki Chicken		→ Teriyaki Chicken	
→ Katsu Chicken		→ Katsu Chicken	
→ Tuna Chicken		→ Tuna Chicken	



SANDWICHES & ROLLS:

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Make it a roll	\$3.50

Add Avocado, cheese for an extra \$1 each.

Gluten Free bread & lactose free cheese available for an extra \$1 each.

WRAP:

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	\$6
Chicken tenders wrap	\$6
Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6
Teriyaki Chicken Wrap	\$6

Extra: Avocado, Egg, Tuna \$1 each

*All wraps include lettuce, tomato, cucumber, carrots, cheese with your choice of dressing (mayo or chipotle).

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THURSDAY MENU

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FRESH SALADS:

Salad	\$4
Sweet chili chicken tenders	\$6
Chicken tenders	\$6
Diced chicken	\$6
Extra: Avocado, Egg, Tuna	\$1

*All salads include lettuce, tomato, cucumber, carrots, cheese & a choice of dressing.

TOASTED SANDWICHES:

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5
Add Avocado for an extra \$1.	
Gluten Free bread & lactose free cheese are available for an extra \$1 each.	

QUICHE:

Quiche spinach & feta	\$4
Quiche lorraine	\$5
Add salad for an extra \$1.	

RECESS ONLY

*Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."

Cheesie	\$1
Frozen Pineapple Treat	50c
Frozen Watermelon	50c
Rice Cracker	50c
Finger Tray	\$3
<small>(4 chicken fingers & carrot sticks with hummus dip)</small>	

SNACKS:

Apple	\$1
Muffin (pre-order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50

FROZEN ITEMS:

Mini Fruit Juice Iceblocks	10c
Moosies (85g)	\$1.50
Sour Snaptix (70ml)	\$1
Ice cream cup	\$2
Frozen Grape	\$1
Frozen Juice Pop (NEW!)	\$1

DRINKS:

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$3.50

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THURSDAY LUNCH SPECIALS

Ham&Cheese Pizza Combo	\$5
Hawaiian Pizza Combo	\$5
Ham&Cheese Toastie Combo	\$5
Ham&Cheese+Tomato Toastie	\$5
Ham Sandwich Combo	\$5
Ham & Salad Wrap	\$6
Salad Box with Ham	\$6

Available Wednesday & Thursday

ONIGIRI = \$4

(6) PIECES = \$6
(4) PIECES = \$5

TERIYAKI CHICKEN	TERIYAKI BEEF
KATSU CHICKEN	KATSU
TUNA	TUNA
	TERIYAKI CHICKEN

Rice Paper Rolls

\$5

100% GLUTEN FREE

Teriyaki Chicken
Tuna

Allergy Warning: Contains soy, fish and egg.

PIZZA:

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4
Pizza Sub (double size)	\$6

HOT FOOD:

Spaghetti bolognese	\$5
Chicken Parmigiana (Parmi)	\$5
Chicken fried rice	\$5
Butter Chicken with rice	\$5
Stir fried Udon noodle with chicken	\$5

SANDWICHES & ROLLS:

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Make it a roll	\$3.50

Add Avocado, cheese for an extra \$1 each.

Gluten Free bread & lactose free cheese available for an extra \$1 each.

WRAP:

Salad & diced chicken wrap	\$6
Sweet chili chicken wrap	\$6
Chicken tenders wrap	\$6
Salad wrap	\$5
Salad and egg wrap	\$6
Salad and tuna wrap	\$6
Teriyaki Chicken Wrap	\$6

Extra: Avocado, Egg, Tuna \$1 each

*All wraps include lettuce, tomato, cucumber, carrots, cheese & choice of dressing (mayo or chipotle or hot sauce).

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FRIDAY MENU

ORDERING YOUR LUNCH:

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CANCELLATIONS

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NOTICE: SALADS AND WRAPS ARE NOT AVAILABLE ON FRIDAYS.

VEGETARIAN OPTIONS:

Omelette with rice	\$5
Salad Sandwich	\$3.50
Vegetarian Fried Rice	\$5
Samosas (2pcs)	\$4
Curry Puffs (3pcs)	\$4
Spring Rolls (2pcs)	\$4

QUICHE:

Quiche spinach & feta	\$4
Quiche lorraine	\$5

Add salad for an extra \$1.

RECESS

***Please note: "NO RECESS FOR KINDY AND PRE-PRIMARY STUDENTS."**

Garlic Bread	\$1
Cheesie	\$1
Chicken Cheese Mayo	\$1.50
Hash Browns	\$1.50
Frozen Pineapple Treat	50c
Frozen Watermelon	50c
Rice Cracker	50c

SNACKS:

Apple	\$1
Muffin (pre order only)	\$1
Snaps (GF)	\$2.50
Vege Crackers (GF)	\$1.50

FROZEN ITEMS:

Mini Fruit Juice Iceblocks	10c
Moosies (85g)	\$1.50
Sour Snap Stix (70ml)	\$1
Ice cream cup	\$2
Frozen Grape	\$1
Frozen Juice Pop	\$1

DRINKS:

Water (600ml)	\$1.50
Juicebox (250ml)	\$2
Juice Bomb (250ml)	\$3
Nippy's Flavoured Milk (375ml)	\$3
Nippy's Flavoured Milk (500ml)	\$3.50

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*May contain traces of nuts, crustacean, wheat and soy products.

FRIDAY LUNCH SPECIAL

Chicken Roll (Vietnamese Banh Mi) \$6

Indulge in a Vietnamese Banh Mi sandwich with fusion flavors: French baguette, diced chicken, carrots, cucumbers, mayonnaise, hoisin sauce, chili, cilantro, and fried shallots for a flavorful experience.

PIZZA:

Cheese	\$4
BBQ Chicken	\$4
Meatlovers	\$4
Pizza Sub (double size)	\$6

HOT FOOD:

Spaghetti bolognese	\$5
Chicken Parmigiana (Parmi)	\$5
Chicken fried rice	\$5
Butter Chicken with rice	\$5
Stir fried Udon noodle with chicken	\$5

SANDWICHES & ROLLS:

Cheese	\$3
Salad sandwich	\$3
Chicken sandwich	\$3
Tuna sandwich	\$3
Egg sandwich	\$3
Curried egg sandwich	\$3
Vegemite sandwich	\$1.50
Make it a roll	\$3.50

Add Avocado, cheese for an extra \$1 each.

Gluten Free bread & lactose free cheese are available for an extra \$1 each.

TOASTED SANDWICHES:

Cheese	\$4
Cheese & tomato	\$4.50
Chicken & cheese	\$5
Tuna mayo cheese	\$5

Add Avocado for an extra \$1.

Gluten Free bread & lactose free cheese are available for an extra \$1 each.

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